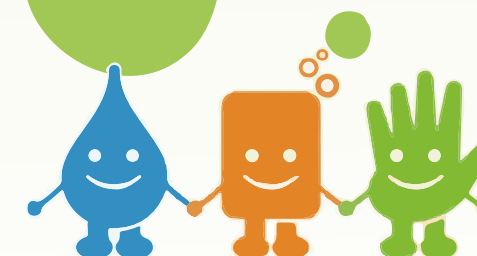


GLOBAL HANDWASHING DAY 15th OCTOBER 2021

OUR FUTURE IS AT HAND-LET'S MOVE FORWARD TOGETHER

“Hand Hygiene for All”



Global Handwashing Day is an annual global advocacy day dedicated to increasing awareness and understanding about the importance of handwashing. Washing hands with soap and clean water is an effective and affordable way to prevent diseases.

This day is used as an opportunity to design, test and replicate creative ways to encourage people to wash their hands with soap at critical times. Since its inception in 2008, community and national leaders have used Global Handwashing Day to spread the word about handwashing building sinks and tippy

taps to simplify and raise awareness about the value of clean hands.

The unprecedented nature of the ongoing COVID-19 pandemic continues to highlight the critical role hand hygiene plays in both disease transmission and prevention. Handwashing is one of the key behaviours people have to adhere to in the fight against COVID-19.

Handwashing with soap destroys the outer membrane of the virus and thereby inactivates it. Hand hygiene has the potential to interrupt

several routes of COVID-19 transmission by removing the pathogen from contaminated hands before it is transferred to other people or surfaces. Furthermore, handwashing removes the pathogen from hands after they have touched a contaminated surface or person. The ability to regularly practice handwashing is also thought to contribute to improved wellbeing, dignity, educational fulfilment.

Global Handwashing Day is a day for action!

Umgeni Water contributes to the global action towards healthy living by providing potable water to its customers. People who have limited access to

clean water are encouraged to boil water or add a teaspoon of unperfumed bleach to a 25l bucket of water sourced from rivers and streams.

Commemorating this important day also serves as a reminder for all South Africans to wash hands regularly especially after using the toilet, changing baby nappies, handling waste, playing with pets and before preparing or eating food.

Clean hands are important for maintaining good health!

REMEMBER THAT PROPER HAND WASHING SAVES LIVES AND WE NEED HEALTHY CLEAN HANDS FOR A HEALTHY LIFE.

Source:

<https://globalhandwashing.org>

